

# Triple P – The Multi-level Triple P System

The five levels of Triple P are designed to address the different levels of support that parents require, and to improve access to services by involving practitioners from different disciplines (see Figure 1).

The rationale for this tiered, multi-level strategy is that families with children aged birth to 16 years have differing needs and desires regarding the type, intensity and mode of assistance they access. The Triple P System is universal and targeted with varied delivery modalities (one-to-one, group based, and self-directed) and the multidisciplinary reach of the program promotes workforce enhancement and better use of community resources.

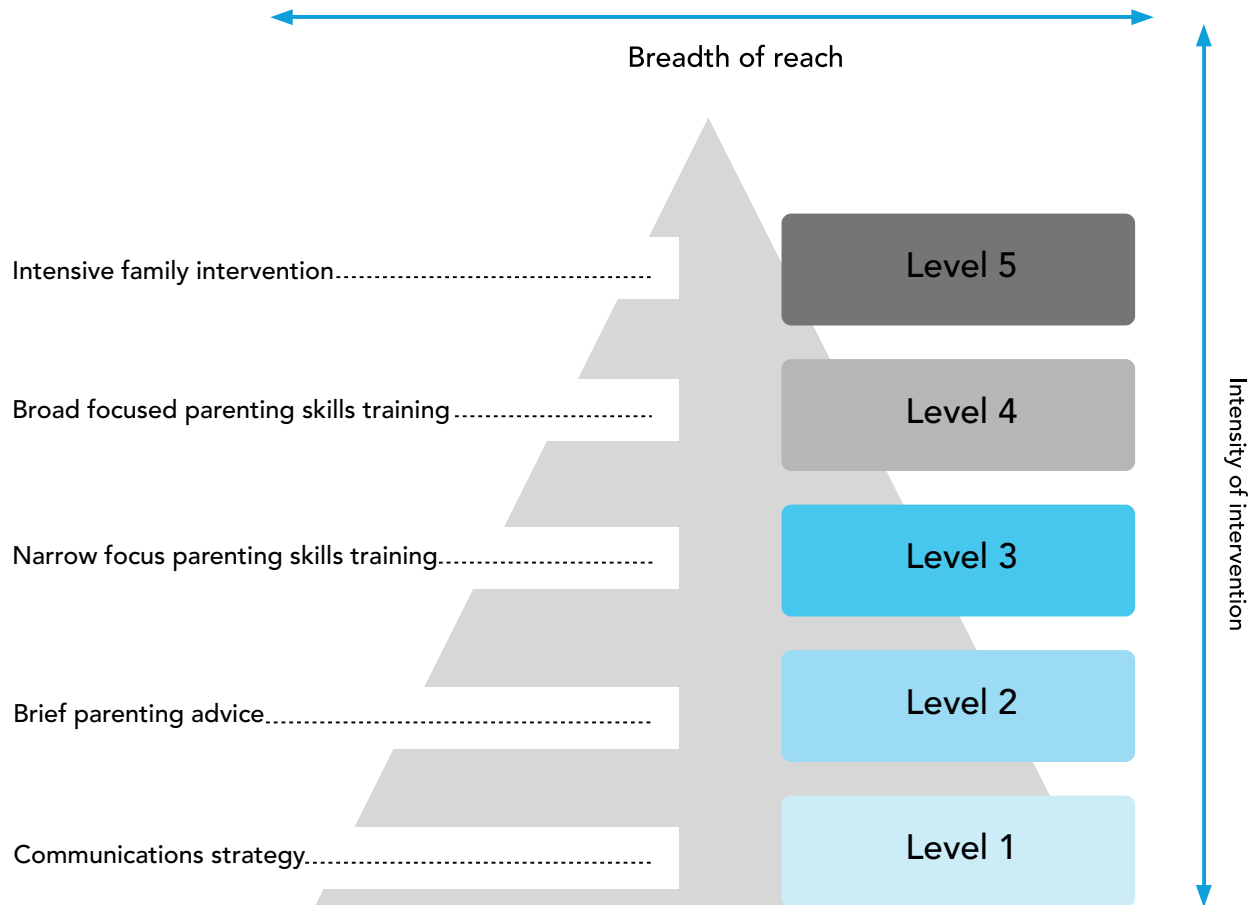


Figure 1. The Triple P System